



PADI ADVANCED OPEN WATER

2 days

Costs include: Equipment, 1 Boat Trip, Certification
Extra costs: Extra Boat Trip (Optional)

Complete 5 Adventure Dives

Program Philosophy

The PADI Adventures in Diving program is based on the premise that diving is a means to explore other interests. Once comfortable with basic skills, divers want to conquer new tasks, see different creatures, journey into diverse environments and experience new adventures. Divers look for convenience and flexibility in continuing their diving education. The program's design allows divers to choose the dives that interest them and to sample activities under the guidance of a PADI Instructor. Some divers may choose to make only one Adventure Dive. Others may want additional recognition and complete several dives to earn a PADI certification. The variety of dives, scheduling options and certification paths makes this program appealing to all divers, especially Open Water Divers. Because each Adventure Dive may count as the first dive of the related PADI Specialty Diver course, the program motivates student divers to continue training. Some may choose to earn specialty diver certifications before completing the dives required for an Adventure Diver or Advanced Open Water Diver certification. No matter which training path they choose, the Adventures in Diving program encourages divers to gain practical diving experience under supervision. The PADI Adventures in Diving program is key to the success of any PADI Continuing Education program. It sets the foundation for additional training, not only for PADI Specialties, but also for meeting other PADI course prerequisites. PADI Rescue Diver and leadership level programs build upon skills divers acquire during various Adventure Dives.

Program Options

The Adventures in Diving program offers two certification options. A diver who completes any three Adventure Dives earns the PADI Adventure Diver rating. A diver who completes the Deep Dive, the Underwater Navigation Dive and three additional Adventure Dives (five total) earns the Advanced Open Water Diver certification.

Program Prerequisites

To participate in the Adventures in Diving program, an individual must:

1. Be certified as a PADI (Junior) Open Water Diver or have a qualifying certification from another training organization. (This is defined as proof of an entry-level scuba certification with a minimum of four open water training dives.)
2. Be at least 10 years of age to participate in the following Adventure Dives:
AWARE - Fish Identification, Boat Diver, Peak Performance Buoyancy, Underwater Naturalist, Underwater Navigation and Underwater Photography.
3. Be 12 years of age or older to participate in all other Adventure Dives except the Enriched Air Adventure Dive.
4. Be at 15 years of age to participate in the Enriched Air Adventure Dive.

Preassessment

As stated in PADI General Standards and Procedures, **you must screen and evaluate all student divers to ensure they meet the required prerequisites and possess the necessary knowledge and skills to enter the program.** The recommended method for preassessing basic diving knowledge is to have student divers complete the 34 question Quick Review found in the *Adventures in Diving* manual or *Multimedia*. A copy of the Quick Review is also located in the Appendix of this guide. To assess basic diving skills, consider having student divers complete the PADI Skill Evaluation in confined water. Remediate knowledge and skills as necessary.

Training Considerations

Ocean Zone Divers, 67/19 Moo 10, Patak Rd, Tambon Chalong, 83130 Phuket Thailand
Tel: +66 (076) 381881 GSM: +66 (09) 6474707 Fax: +66 (076) 381881
www.oceanzonedivers.com email: info@oceanzonedivers.com

Divers begin their training by choosing dives, with your guidance, from the Adventure Dives listed below. Ideally, you want to offer all the various Adventure Dives, however, geographical differences and equipment availability may limit the number of dives you can conduct at your location. To best serve your student divers' needs, offer as many different Adventure Dives as possible in the local area and provide divers with options for making additional dives, such as on dive holidays to other dive locations. Each Adventure Dive requires divers to complete specific tasks related to the specialty activity. **To preserve the learning experience, you cannot combine the performance requirements for two or more dives into one training dive.*** For example, when conducting the Deep Adventure Dive on a wreck, do not combine the Deep Dive requirements with those of the Wreck Adventure Dive and give credit for both dives. The Adventure Dives outlined in this instructor guide include:

1. Altitude Dive
2. AWARE - Fish Identification Dive
3. Boat Dive
4. Deep Dive
5. Diver Propulsion Vehicle Dive
6. Drift Dive
7. Dry Suit Dive
8. Enriched Air Dive
9. Multilevel and Computer Dive
10. Night Dive
11. Peak Performance Buoyancy Dive
12. Search and Recovery Dive
13. Underwater Naturalist Dive
14. Underwater Navigation Dive
15. Underwater Photography Dive
16. Underwater Videography Dive
17. Wreck Dive

Note: Other Adventure Dives may be added as additional standardized PADI Specialty Diver courses are developed.

* See Enriched Air Dive Exception

Enriched Air Dive Exception

Instructor Qualification: To conduct an Enriched Air Adventure Dive (or integrate an Enriched Air Specialty training dive into the Adventures in Diving program), you must be a PADI Enriched Air Specialty Instructor.

Administrative Requirements: Divers participating in enriched air diving must complete and sign a Liability Release and Assumption of Risk Agreement (Statement of Risks and Liability) for Enriched Air (Nitrox) Diving in addition to other required course documents.

Adventure Dive: To credit as an Adventure Dive toward Adventure Diver or Advanced Open Water Diver certification, the Enriched Air Adventure Dive must not be integrated with any other Adventure Dive.

You may conduct either Dive 1 or Dive 2 from the Enriched Air Diver Specialty course as the Enriched Air Adventure Dive. Use Dive 1 when student divers are just beginning their enriched air dive training.

Use Dive 2 for student divers who have already completed Enriched Air Dive 1 as part of their Enriched Air Diver specialty course, or in conjunction with another Adventure Dive, or integrated with Open Water Diver course Dive 4.

Integrating Dives: For divers enrolled in an Enriched Air Diver Specialty course, you may integrate enriched air training dives with other Adventure Dives. Because enriched air training dives do not include specialized waterskills, this exception allows divers to complete enriched air dive requirements on the surface, then complete Adventure Dive requirements in the water and receive dive credit for both the Enriched Air Diver course and Adventures in Diving program. Keep in mind that **to participate in Enriched Air Dive 2, student divers must have completed both knowledge development sections as well as Practical Application 2 from the Enriched Air Diver course.**

Practical Application: Before participating in their first enriched air dive, divers must complete Practical Application 1 from the Enriched Air Diver course.

Supervision: Indirect supervision is allowed for an Enriched Air Adventure Dive when you personally watch divers set their enriched air dive computers and verify settings for the correct blend. You may also indirectly supervise divers who have successfully completed both Enriched Air Diver course Knowledge Development sections and the final exam. You must directly supervise an enriched air dive when

divers have not completed Knowledge Development Sections 1 and 2 and don't have enriched air dive computers.

Supervision

During training, a Teaching status PADI Instructor must be present and in control of all activities. The maximum diver-to-instructor/ certified assistant ratio is 8:1. When children aged 10-11 are participating, the maximum ratio is 4:1. No more than two children aged 10-11 may be included in any group of four student divers. You (the instructor) may *indirectly supervise* all Adventure Dives except the Deep Dive, Night Dive and Wreck Dive (see below for clarification.) You must *directly supervise* all dives that include 10-11 year olds. During the Deep Dive, you must be in the water *directly supervising the diving activities*. You may accompany a maximum of eight student divers (8:1) and can not increase this ratio with the use of certified assistants. During the Night Dive and Wreck Dive, either you or a certified assistant must accompany student divers. The maximum ratios are eight divers to one instructor — 8:1, or four students to one certified assistant — 4:1.

During the Underwater Navigation Dive, it is recommended, but not required, that a certified assistant accompany each buddy team. **You must ensure that all performance requirements are met.**

Certified assistants are not authorized to assess student performance, however, they can provide in-water control and supervision.

Dive Depth Limits

The maximum depth for any Adventure Dive is 30 metres/100 feet. For 12-14 year olds, the maximum depth for any Adventure Dive is 21 metres/70 feet. For 10-11 year olds the maximum depth is 12 metres/40 feet. At no time shall any dive exceed the limits of the Recreational Dive Planner or the no decompression limits of the student diver's dive computer (as outlined by the manufacturer's instructions.)

Look under training considerations for individual Adventure Dives (Section 3) for specific dive depth recommendations or refer to the Adventure Dive Summary Sheet at the end of this section.

Equipment

During open water training, each student diver must be equipped with a mask, fins, snorkel, appropriate exposure protection, dive knife/ tool, scuba tank, buoyancy control device with low-pressure inflator, weight system, regulator, alternate air source, submersible pressure gauge, depth gauge, timing device and/or dive computer, compass and Recreational Dive Planner (table or The Wheel.) For the Night Dive, student divers must each have an underwater light and whistle. A backup underwater light and marker/chemical lights are recommended.

Training Materials

The following materials are required when conducting the Adventures in Diving program:

1. PADI Adventures in Diving

Program Instructor Guide.

2. PADI *Adventures in Diving* manual or *Multimedia* (if available in a language the diver understands).

3. Deluxe Data Carrier

4. Recreational Dive Planner, table or The Wheel with appropriate *Instruction for Use* booklet

5. Adventure Dive Training Records

The following materials are highly recommended:

- PADI *Adventures in Diving* video
- Adventures in Diving Program Instructor Slates
- PADI Specialty Diver manuals and videos

Practical Training Sessions

Most Adventure Dives introduce student divers to new dive tools and procedures. Divers may benefit from pre-dive practical training sessions that allow them to practice using new items and trying new techniques. These sessions may include land-based rehearsals, confined water dives or a combination of both. Practical training sessions should focus on the tools, skills and techniques used during Adventure Dives. Organize sessions to allow discovery, maximum practice and fun. If time and logistics allow, offer the following (or similar) sessions for the corresponding Adventure Dives:

- View slides/video of local fish, aquatic life and ecosystems – AWARE
- Fish Identification and Underwater Naturalist
- Tie knots and work with lines – Boat Dive, Deep Dive and Search & Recovery Dive
- Compass use – Underwater Navigation Dive and Search & Recovery Dive
- Lift bag use – Search & Recovery Dive

- Buoyancy control obstacle course – Peak Performance Buoyancy Dive
- Diver propulsion vehicle preparation and use – DPV Dive
- Dry suit preparation and use – Dry Suit Dive
- Underwater light preparation and use – Night Dive
- Underwater camera preparation and use – Underwater Photography Dive
- Underwater videocamera preparation and use – Underwater Videography Dive
- Review specific dive computer use – Multilevel and Computer Dive.

Key Standards

Advanced Open Water Diver

Prerequisite Certification: [PADI Open Water Diver or qualifying certification](#)

Minimum Age: [12](#)

Minimum Open Water Training: [5 Adventure Dives including Deep and Underwater Navigation Dives](#)

Minimum Instructor Rating: [Teaching status PADI Instructor](#)